April 2010

Eastern Wayne 4-H

Good Day Good People! Hope all is well with all of you. As for us at Eastern Wayne 4-H we are great! We have been enjoying the warm weather and ready for spring break. We are finishing up our project club sheets and place mats for the Community Soup Kitchen. We are also collecting disposable goods for the Soup Kitchen as well. On Thursday, April 1st we will be having our Easter picnic. We will have hot dogs, chips and drinks. We will be enjoying the warm weather, with good friends and fun!!

Northeast 4-H

Has sprung into spring and enjoying the nice weather. We have finished up Hooked On Nutrition and Hygiene. For the month of April we will be seeding and planting in front of the school at Northeast Elem. Sign. We are learning the process of seeds and how they grow. We are truly proud of Jordan Godbee being asked to sing at 4-H Achievement Night. Good Luck Jordan!

Community Service Project:

4-H Afterschool community service project is collecting disposable goods, such as plates, cups, utensils, napkins and salt and pepper. These are daily items that are in need. All goods will be delivered the end of April. Please help support this great agency and help teach your child about giving to others.
4-H Afterschool Achievement Night

April 15th, 7:00pm

ONLY Children that completed their club project sheets will be given trophies. To find out if your child is one of those please ask your Site Director.

Please RSVP by April 13th, either call 4-H office at 919-731-1527 or let your Site Director know.

See ya there!

Please bring disposable goods on Achievement Night!

Collections will be taken at door. All goods collected will be given to Community Soup Kitchen.

Tommy’s Road 4-H

This month 4-H learned about what to do in case of a weather emergency (tornado, floods, & hurricanes). We learned fun facts about the history of Ireland, we made chili cheese fries in honor of the potato, the native vegetable of Ireland. We made placemats for the soup kitchen, flew kites and made Easter Egg pets. We were visited by Eastern Wayne and Northeast 4-H to hear the drumline. The drumline crew did an awesome job and all of the children really enjoyed it! Also Northwest visited us to see the Jump rope team perform. They were awesome as well!

Carver 4-H

We will be studying the life cycle of earthworms. Our 4-Her’s have been digging in dirt and seeing how long their life cycle is. We have been able to use the internet to research about the earthworm. Each child will give us a small report and let us know what they’ve learned.
Northwest

We have just completed all of our club worksheets, and we are so proud of all our 4-Her’s. In order for any child to receive a trophy at Achievement Night they had to finish either 5 or 8 club worksheets during the year. Great Job!!

Now that it has finally started to warm up, we are enjoying this beautiful weather by playing and doing activities outside. We’ve made trees out of finger paints, and the designs were all unique and special. We used our fingerprints for the leaves on the trees, and handprints for the tree itself. This was fun and something different for us all. We hope everyone continues to enjoy this beautiful weather and enjoy the outside as a family.

Family Gardening Tips

- Start small. Window boxes or containers, because of their small size, can actually turn out to be rather luxurious gardens. Recycle clean bleach and milk containers. Cut off the tops and use them as planters.
- Be willing to put up with a less-than-perfect looking garden: crooked rows and weeds are okay.
- Leave an area where kids can dig, even after planting. This is often their favorite part of gardening. Look for earthworms together!
- Get some child-sized tools from a local nursery or garden center. Try to find tools that look genuine so the kids will feel like real gardeners. Can't afford it? Plastic spoons and shovels work well in window boxes.
- Make a secret place in the garden for your kids. Leave a space between the stalks of easy-to-grow sunflowers or bean poles so they can crawl "inside." Make a chicken wire animal and train ivy around: instant topiary!
- Kids like extremes, so plant huge flowers, like sunflowers, and small vegetable plants, like cherry tomatoes. Plant fragrant flowers or herbs like peonies, lavender, and chocolate or pineapple mint. Show your kids how to rub the herbs between their fingers to get a really good whiff.
- Teach your kids how to compost. Find a place behind a tree, or dig a hole in the ground. Don't add anything that ever swam, walked, or flew. Toss in rinds and peels from fruit, coffee grounds, tea bags, eggshells. When it turns black and crumbly (this will take several months) you can mix it with soil and use this for fertilizer for your garden. Don't forget to put your gloves on first.
- Look in the children's section of your library or bookstore for both gardening how-to books and storybooks. Ready, Set, Grow! A Guide to Gardening, by Suzanne Frutig Bales, teaches youngsters about specific plants. Kids Garden! by Avery Hart and Paul Mantell includes information on "sowing and growing" as well as activities for kids ages 4 and up.
- If you're interested in more organized children's programs, check with local parks departments or public gardens to see what they offer.

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