# 4-H Newsletter



VOLUME I, ISSUE I

DECEMBER 2015

## Make A Difference Day

Wayne County 4-H participated in Make A Difference Day on October 24<sup>th</sup>. The 4-H'ers, volunteer leaders and parents made 105 "walker pockets" for senior residents. They delivered them to The Highlands of Goldsboro, Kirkwood Retirement Community, The Brian Center and Emeritus at the Pines of Goldsboro. They worked all morning assembling the "walker pockets". While some sewed them together, others ironed on patches, some made roses to put inside as a gift and others stuffed them with tissues, and hand sanitizer donated by the 4-H Afterschool Programs. "Walker pockets" are bags attached to the walker for their belongings



like tissues, cell phones, snacks, etc. It was a great day and a fun activity to reach out and help others in our community. Make a Difference Day is something Wayne County 4-H has participated in for years and will be doing so for years to come. For more information on Wayne County 4-H call the 4-H office at 919-731-1527

### **State Council Conference**

Christopher and Stephen Finch recently attended the 4-H State Council Conference in Raleigh. While there they attended workshops which focused on healthy lifestyles, leadership and team building, they also enjoyed the dance that was held. We had Wayne County 4-H'ers recognized for their volunteer efforts throughout the year. Taylor Glover won the Southeast District 4-H Youth Volunteer of the Year and Micah Lee won the State 4-H Youth Volunteer of the year award. Congratulations Taylor and Micah.

## **Christmas Lights at Meadow**

4-H Jr. Leaders will be going to Meadow Christmas Lights and CiCi's Pizza (in Smithfield) on Tuesday, December 15. The cost of the trip will be \$10, which covers buffet, drink and train ride at Meadow. Bring your money that day and you will responsible for keeping up with it. You will need additional money, if you would like to purchase a picture with Santa, ride the carousal or buy candy or other goodies from the Meadow Country Store. Please let Summer know by December 11th if you will be attending.

4-H Movie Night will be on Friday, De-

cember 11<sup>th</sup> at 6:30 at the Wayne Center.
We will watch a family movie on the projector and have popcorn and make smore's.
Everyone is invited to attend. Youth can be dropped off (must have updated medical release form on file), pick up by 8:30. Please call the 4-H Office by December 9th at 919-731-1527 if you plan on attending.



December 11, 2015 Wayne Center 6:30 p.m.

# 4-H Frontier Club News

During our Project
Alert studies we have
found out why people
smoke, drink alcohol,
and do drugs, myths &
facts about drugs, and
the consequences of using drugs. One of the
myths we learned is
that while smoking tobacco gives the semblance of calmness, it
actually hypes up the
heart and the body.

#### **FOODS 101**

We have enjoyed working through the new Foods 101
4-H Curriculum over the past two months. Recipes will be going home after the 4-H Favorite Food Show. Your child should now have some skills to prepare dinner.







Students discover about the amount of gluten in bread, cake, all purpose, and whole wheat flours!



### **4-H Favorite Food Show**

The 4-H Favorite Food Show was held on November 12<sup>th</sup> in the Wayne Center. Thirty-nine 4-H'ers prepared their Favorite Dish, told the judge how they made it, discussed food groups, served the judge, and displayed a proper table setting. The winners in each age and food category were: 9-10 years old - 1<sup>st</sup> Place - Christian Gilbert – Sweets, Raelee Boren – Fruit, Tristan Rhodes – Bread, Ava Walker – Vegetable, Rebekah Sutton – Dairy, and Alexis Ingram – Meat; 2<sup>nd</sup> Place - Skylar Quick – Sweets, Elijah Lee – Dairy, and Madison Bailey – Meat; 3<sup>rd</sup> Place - TaraAnn Burnham – Sweets. 11-12 years old – 1<sup>st</sup> Place - Seyerah Basden – Sweets, Shayla Hall – vegetable, Spencer Pate –



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Meat, Matthew Walker – Dairy, and McKenzie Hinson – Bread; 2<sup>nd</sup> Place - Amanda Edmundson – Sweets, Makayla Newcomb – Meat, and Daniel Boren – Dairy. 13-15 years old – 1<sup>st</sup> Place - Taylor Glover – Sweets, Daniel Dunn – Bread, John Hall – Vegetable, and Emma Walker – Dairy; 2<sup>nd</sup> Place - Sarah Sprouse – Sweets, Austin Pate – Bread, and Emily Dunn – Dairy; 3<sup>rd</sup> Place - Ashton Noah Rhodes – Sweets, and Chloe Smith – Bread. 16-18 years old – 1<sup>st</sup> Place - Braxton Rhodes – Sweets, Mary Dunn – Bread, Christopher Finch – Dairy, Becka Pittard – Vegetable, and Gabriel Sprouse – Meat. 5-6 years old -Non-Competitive - Hadley Nocera, Kylee Young, Mattie Hall, Caroline Dunn, Anabelle Rugg, Lydia Walker, and Rachel Sutton. Congratulations 4-H'ers!! A big Thank You to our judges: Kathryn Tharrington, Alex Morris, Sheng Morris, Taishon Hooks, Renee Artis, Brittany Harper, Tracy Atkins, Mary Dunn and Christopher Finch.

# 4-H Achievement Night

The 4-H Achievement Night
Banquet will be held on
Thursday, January 7th at 6:30
in the Wayne Center. 4-H
Achievement Night is a recognition night for the past year.



Awards will be given to Project Record Book winners, Jr. Leader and Community Service hours, Club work trophies, and achievement plan certificates. So planning can done please contact the 4-H office with the number attending by December 21st.

### **Record Books**

4-H Project Record Books, Club work, Jr. leader hours,
Commnunity Service Hours and the 4-H Acheivement Plan are due December 1<sup>st</sup>. Reminder the 13-15 and 16-18 year old Project Record forms are different this year. For more information or help on any these, call

the 4-H Office.





#### **National Poultry Conference**

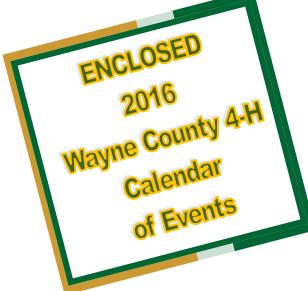
Stephen Finch attended the National Poultry and Egg conference in Louisville, Kentucky. He represented NC 4-H with his 4-H Egg Cookery presentation. He brought home 6<sup>th</sup> place in the nation. Congrats Stephen and thanks for representing not only NC but Wayne County 4-H. While there he also went on a tour of the Louisville Slugger Museum and Factory.

# Even Charlotte and Wilbur thinks 44 IS Terrific!!"



Wayne County 4-H
Haybale at State Fair Contest





Wallace Simmons

Wallace Simmons
Extension Agent
4-H & Youth Development





NCSU& NC A&T University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.

# Wayne County 4-H

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	<u>January</u>
7	Achievement Night
28	Public Speaking
	<u>February</u>
6-7	Leader's Conference- Raleigh
12	Soil & Water Poster/Essay Due
16	County Council/Ldrs Mtg./Soup'er Bowl
	<u>March</u>
3	Presentations
30-31	Jr. Livestock Show and Sale
31	Traffic Safety Poster Due
	<u>April</u>

	<u>iviay</u>
2	Fashion Revue Garments Due
5	Fashion Revue/County Council Meeting
12	Jr. Leader Training
	<u>June</u>
30	Dairy Poster Due

4-H Entertains

16-19	4-H Congress Week-Raleigh
28	4-H Picnic

#### Back To School

#### **September**

**August** 

July

Co. Council/Leader Mtg. 29-Oct 8 Wayne County Regional Ag Fair

#### October

1	Big Sweep
2-8	National 4-H Week
13-23	State Fair
22	Make A Difference Day

#### **November**

15 **Favorite Food Show** 

#### **December**

Project Books, Jr. Leader hrs, Comm. Serv. Hrs. Achievement Forms Due Movie Night

State University A&T State University COOPERATIVE
<b>EXTENSION</b> <i>Empowering People · Providing Solutions</i>

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