

## 4-H Fundamentals

4-H is the largest youth development organization in the United States. As the youth outreach program of the nation's land-grant universities, 4-H is the first experience many youth have with higher education. In North Carolina, 4-H is part of NC Cooperative Extension, a strategic partnership between NC State and NC A&T State Universities, along with the United States Department of Agriculture, state, and local governments cooperating. Local offices are staffed in all 100 counties and the Eastern Band of Cherokee Indians

## **Delivery Modes:**

<u>4-H Clubs</u>: A 4-H Club is an organized group of at least five youth from three different families who meet regularly with adult leaders for a long-term, progressive series of educational experiences. The purpose of a 4-H club is to provide positive youth development opportunities to meet the needs of young people.

4-H Clubs are located in communities, neighborhoods, and schools. Club members may participate in community service projects, tour interesting places, and learn and do all kinds of things in their 4-H club meetings. 4-H Clubs are **youth-led**. Members elect youth officers and conduct their own business meetings.

<u>4-H School Enrichment:</u> 4-H School Enrichment is a sequence of learning experiences for groups of youth, in cooperation with school officials during school hours to support the school curriculum. A variety of 4-H curricula are available to meet North Carolina and National K-12 educational standards.

<u>4-H Special Interest</u> (Projects/SPIN Clubs): A Special Interest program provides at least 6 hours of a subject matter that can be evaluated for knowledge gained or behaviors changed. The 4-H Special Interest program is an opportunity for youth to learn more about a specific topic.

**4-H Summer Day Camps:** Educational day camps designed to build life skills through fun, shared experiences and hands-on learning. Summer fun camps are often project-related.

<u>4-H Events/Activities:</u> 4-H'ers have the opportunity to participate in our events and activities held throughout the year. These include 4-H SOUP'ER Bowl, 4-H Favorite Food Show, Livestock show and Sale, 4-H Entertains, 4-H Fashion Revue, Wayne County Fair Entries, 4-H Retreats and Conferences, just to name a few.

Contact the 4-H office at 919-731-1527 if you are interested in our 4-H clubs.





North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.