





Vegetable Planting Guide

For the Wayne County Gardener

NC Cooperative Extension Wayne County Center 3114B Wayne Memorial Drive Goldsboro, NC 27534 919-731-1520 wayne.ces.ncsu.edu

Wayne County Cooperative Extension					Gardening Leaflet 1			
Vegetable	Suggested Planting Dates* Early Spring Spring/Summer Fall			Suggested Cultivars**	Days to Maturity ***	Planting Distance (inches)	Amount/ Person/ Year***	
Asparagus			Nov Dec.	Jersey Giant, Mary Washington, Purple Passion	2 years	15	10 crowns	
Beans, bush snap		April 1 - Aug. 15		Dandy, Derby, Harvester, Roma (flat), Tenderette	50-55	3	1/4 pound	
Beans, pole		April 15 - July 1		Blue Lake Stringless, Kentucky Blue, Romano (flat)	65-70	6	1/4 pound	
Beans, bush lima		April 15 - July 1		Bridgeton, Early Thorogreen, Fordhook 242	65-80	6	1/2 pound	
Beans, pole lima		April 15 - June 15		Carolina Sieva (small), King of the Garden	75-95	6	1/2 pound	
Beets	March 1 - April 15		Aug. 1 - 15	Early Wonder, Red Ace, Ruby Queen	55-60	2	1/4 packet	
Broccoli	Feb. 20 - April 1		Aug. 15 - Sept. 15	Emperor, Green Duke, Packman, Premium Crop	70-80	18	15 plants	
Brussels Sprouts			Aug. 1 - 15	Jade Cross Hybrid, Long Island Improved	90-100	20	25 plants	

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^{**} Cultivars listed represent a few of those recommended. There are many other good cultivars worthy of trial.

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Cabbage	Jan. 15 - April 1		Aug. 15 - 31	Early Jersey Wakefield, Red Express, Round Dutch	70-80	12	25 plants
Cabbage, Chinese	Feb. 15 - April 1		Aug. 15 - 31	China Pride, Jade Pagoda, Mei Ching, Pak Choi	75-85	12	25 plants
Cantaloupe		April 15 - June 15		Ambrosia, Classic, Magnum 45, Honey Brew	85-99	24	12 plants
Carrots	Feb. 15 - March 1		Aug. 1 - 15	Little Finger, Scarlet Nantes, Spartan Bonus, Thumbelina	85-95	2	1/4 packet
Cauliflower	Feb. 15 - March 15		Aug. 15 - 31	Early Snowball, Snowcrown, Violet Queen,	55-65	18	25 plants
Collards	Feb. 15 - March 15		Aug. 15 - 31	Blue Max, Carolina, Morris' Improved Heading, Vates	60-100	18	25 plants
Corn, sweet		April 15 - June 1		Yellow: Bodacious, Seneca White: How Sweet It Is, Silver Queen Bi-color: Honey 'n Pearl, Peaches & Cream	85-90	12	1 packet
Cucumbers, pickling		April 15 - June 1	Aug. 1 - 15	Calypso, Carolina, County Fair	40-50	10	1/4 packet
Cucumbers, slicing		April 15 - June 1	Aug 1 - 15	Bush: Fanfare, Salad Bush Vine: Burpless, Sweet Slice	40-50	10	1/4 packet
Eggplant		May 1 - June 15		Florida Highbush, Ichiban, Rosa Bianco	80-85	24	2 plants

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Kale	Feb. 15 - April 1		Aug. 15 - Sept. 15	Blue Knight, Early Siberian, Green Curled Scotch, Vates	40-50	6	1/4 ounce
Kohlrabi	Feb. 15 - April 1		Aug. 15 - 31	Grand Duke Hybrid, White Vienna	50-60	4	1/4 ounce
Lettuce, leaf	Feb. 15 - April 1		Sept. 1 - 15	Buttercrunch, Grand Rapids, Romulus, Salad Bowl	40 - 50	6	1/4 packet
Lettuce, head	Feb. 15 - April 1		Sept. 1 - 15	Great Lakes, Ithaca	70 - 85	10	15 plants
Mustard	Feb. 15 - April 1		Aug. 15 - 31	Savannah, Southern Giant Curled, Tendergreen	30 - 40	2	1/4 ounce
Okra		May 1 - 31		Annie Oakley, Burgundy, Clemson Spineless	60 - 70	12	1/4 packet
Onion	Jan. 15 - Feb. 15		Oct. 1 - 15	Ebenezer, Excel, Grano	60 - 80	4	50 plants
Peas, edible - podded	Feb. 15 - March 15			Snowbird, Sugar Bon, Sugar Snap	60-70	1	1/2 pound
Peas, garden - English	Feb. 15 - March 15			Freezonian, Green Arrow, Wando	65-70	1	1/2 pound
Peas, southern - field		April 20 - June 15		Dixielee, Hercules, Mississippi Silver, Purple Hull	55-65	4	1/2 pound
Pepper, sweet		May 1 - June 15		California Wonder, Mexi Bell, Pimento, Yolo Wonder	75-80	18	4 plants
Pepper, hot		May 1 - June 15		Cayenne, Red Chili, Habenero, Jalepeno	75-80	15	2 plants

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Potatoes, Irish	March 1 - April 1			Kennebec, Red Pontiac, Yukon Gold, Superior	95-120	10	10 lbs seed potatoes
Pumpkins		April 15 - July 1		Mini: Baby Bear Small: Autumn Gold, Spookie Large: Gold Rush, Merlin Pie Type: Sugar Baby, Touch of Autumn	115 - 120	48	1/4 packet
Radishes	Feb. 15 - April 15		Aug. 15 - Sept. 15	Cherry Belle, Scarlet Globe, Snowbells, White Icicle	25 - 30	1	1/4 packet
Rutabagas	Feb. 15 - April 15		Aug. 1 - 31	American Purple Top, Laurentian	70 - 80	4	1/4 packet
Spinach	Feb. 15 - March 15		Aug. 15 - Sept. 15	Hybrid #7, Winter Bloomsdale	50 - 60	6	1/4 packet
Squash, summer		April 15 - Aug. 15		Goldbar, Seneca Prolific, Sun Drops, Sunburst, Zucchini Elite (green)	50 - 60	24	1/4 packet
Squash, winter		April 15 - Aug. 15		Acorn, Butternut, Spaghetti	70 - 95	36	1/4 packet
Sweetpotatoes		May 1 - June 1		Jewel, Pope, Porto Rico 198	95 - 120	10	75 slips
Swiss Chard	Feb. 15 - April 1			Lucullus, Rhubard Chard	60 - 70	6	1/4 packet

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Tomatoes		April 15 - July 15		Determinate (Bush): Celebrity, Mountain Fresh, Mountain Pride Indeterminate (Vining): Beefmaster, Better Boy, Big Beef Cherry: Jolly, Sweet Baby Girl	75 - 85	18	15 plants
Turnips	Feb. 15—April 15		Aug. 15 - Sept. 15	Purple Top, White Globe	55 - 60	2	1/4 ounce
Watermelons		April 15 - June 15		Congo, Golden Crown, Sweet Princess, Tiger Baby	90 - 100	60	1/2 ounce

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Crop rotation is an important practice in a vegetable garden to reduce plant disease and insect problems along with improving soil fertility. Vegetables that belong to the same family are susceptible to the same types of insects and plant diseases along with having similar nutrient requirements. Crop rotation involves each year changing the planting location of vegetables that belong to the same family. For example you would not want to plant tomatoes in the same location as last year but also do not want to plant peppers, eggplants, and potatoes in the same location since they are all in the same vegetable family. Below are the main vegetable families:

- * Composite Family: Endive, Lettuce, Sunflower
- * Goosefoot Family: Beet, Spinach, Swiss Chard
- * Gourd Family: Cantaloupe, Cucumber, Pumpkin, Squash, Watermelon
- * Grass Family: Ornamental corn, Sweet Corn
- * Lily Family: Chives, Garlic, Onion

- * Mallow Family: Okra
- * *Mustard Family:* Broccoli, Brussels sprouts, Cabbage, Cauliflower, Collard, Kale, Mustard greens, Radish, Rutabaga, Turnip
- * Nightshade Family: Eggplant, Pepper, Potato, Tomato
- * Parsley Family: Carrot, Celery, Parsley
- * Pea Family: Bush bean, Lima bean, Pea, Pole bean

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Leaflet adapted from NC Cooperative Extension Home Vegetable Gardening Quick Reference Guide (Ag-12) & UGA Cooperative Extension Vegetable Planting Chart (Circular 963)

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